

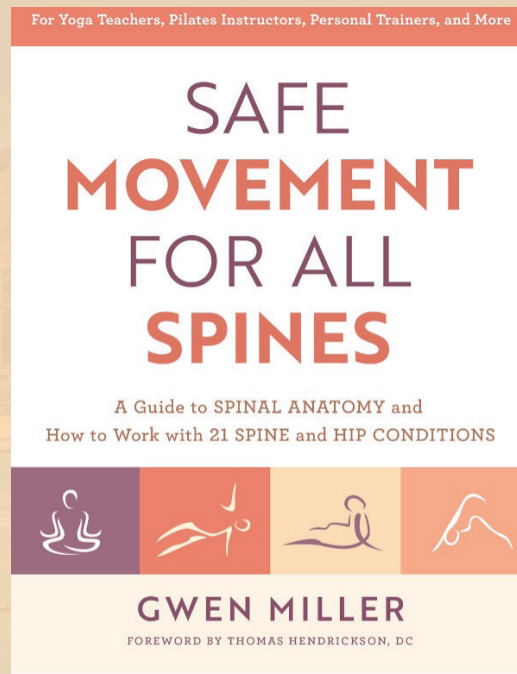


Hana Pono™ Wellness Center

is excited to announce an upcoming book signing and meet & greet with

Gwen Miller

Pilates, yoga and fitness educator, integrated movement therapist,
and author of



FRIDAY, OCTOBER 20, 2023

4:00PM - 6:00PM

LOCATION: Bottleheads

315 Uluniu St. #102, Kailua, HI (In Kailua Square)

Meet the author, ask questions, get your book signed!

*All proceeds from book sales will be donated to the
Hawaii Community Foundation Maui Strong Fund*



**HAWAI'I COMMUNITY
FOUNDATION**